

# Salaah/Prayers/Namaz Positions

~ *The Path of Righteous* ~

\* *How to perform Salah correctly* \*



1. *Intention to pray*



3. *Fold your hands over abdomen (men) or your chest (women)*

*Recite Surah's*



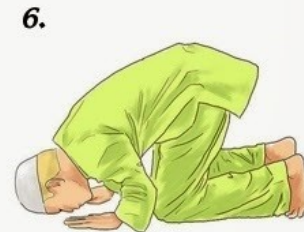
5. *Stand up straight & recite*  
*Fold your hands on your chest*



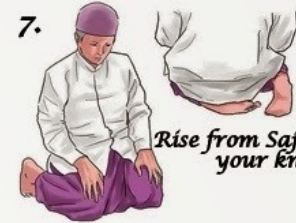
2. *Takbeer*



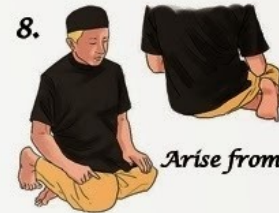
4. *Proceed to Ruku*



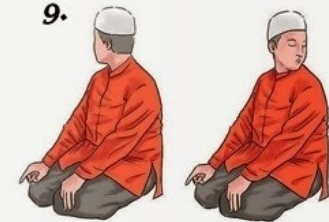
6. *Proceed to Sajdah (Prostrate)*



7. *Rise from Sajdah & sit on your knees*



8. *Arise from Sajdah*



9. *Terminate the prayers with as-salaam*

... **Take as your place of worship the place where Abraham stood (to pray)** ... (Ref: Al\_Quraan\_002.125).  
... **مقام لبراهيم کو نماز کی جگہ بناؤ** ...

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