

Halaal Meat

Eat of that over which the name of Allah has been mentioned {at the time of Slaughter}, IF you are Believers in His revelations, (Al_Quraan_006.118).

And Do NOT Eat of that on which Allah's name has NOT been mentioned {at the time of Slaughter} (including by-products), and that is most surely a Transgression; and most surely the Shaitans suggest to their friends that they should contend with you; and IF you Obey them, you shall most surely be Polytheists/Idolaters/Mushrik, (Al_Quraan_006.121).

He has FORBIDDEN you Dead Meat (including naturally dead Fish), Blood, Flesh of Swine, and that on which any other name has been invoked besides that of Allah and it's by-products. But if one is forced by necessity, without willful disobedience, nor transgressing due limits, - then is he guiltless. For Allah is Oft-forgiving Most Merciful, (Al_Quraan_002.173).

Avoid following Ingredients: Alcohol, Animal Fat (of forbidden animals including pork), Bacon (Pork), Beef (if not Zabiha/Halaal), Fat (Animal Fat of forbidden animals including Pork), Gelatin {made from Pork or forbidden animals (bone and or skin)}, Ham (Pork), Lard (Pork), Lecithin (made from Pork or forbidden animals), (while Soya lecithin is Halaal), Rennet (Alcohol), Sausage (made from forbidden animals), Shortening (made from forbidden animals) and Monoglycerides or Mono and Diglycerides (made from Pork or forbidden animals) (while Monoglyceride or Mono and Diglycerides made from Vegetable/Plant is Halaal).

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