

Anxiety - Mind your Language

This is the age of science, new discoveries are made. Day by day communication is getting more advanced. With this, fast communication, life is getting more and more challenging. Anxiety is getting increase at a extremely high level, causing several killer diseases including Heart attack, Diabetes and Blood Pressure etc. **Anxiety May Kill You or Others or Both including your loved ones.**

Your Language or Tone may hurt others. Even in Games you need to be very careful. Some one may like dangerous rides, BUT other may get stroke or heart attack, so you need to think how other may feel and you need to HELP them instead of TORTURE them.

On the Day when their tongues, their hands, and their feet will bear witness against them as to their actions. (Al_Quraan_024:024). **@GlobalRightPath**

Anxiety is also a Weapon to Hurt or kill some one, even without knowing it, since it may cause dangerous diseases like blood pressure, sugar, heart attack etc. Although in this world it may be hard to prove it, BUT on the Day of Judgment Allah will sure ask about this as well. So change your attitude before it gets too late.

There is NO Compulsion in Religion, (Ref: Al_Quraan_002:256). **Anxiety occurs when both parties disagree on some matters.** It hurts you badly, if you get it from your loved ones. You must avoid the **Great Mistake** that "**I am Right and all others are wrong**", even though you are a scholar or an elder, after all you are still a human being. Always **Mind Your Language.**

