

In the Name of Allah, Most Gracious, Most Merciful
Duaa to Remember in Your Prayers
By Irshad Mahmood – Director, Siraat-al-Mustaqeem Dawah Centre

Inna Lillahi Wa Inna Ilayhi Raji'un (إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ). Surely we belong to Allah and to Him shall we return, (Al_Quraan_002.156).

When someone comes in this world, people welcome him/her with greetings and pray for his/her good health and emaan. If Allah wills, then he/she slowly grows up and reaches certain age and performs his/her duty and then no one knows when his/her time comes to go back. Yes, it is necessary to try our best to save one's life. Even though, either at early age or at later age one eventually has to go, even we try all our best to keep him/her with us by applying all the advanced technology. Tears are left behind for the family & friends. It is hard to bear the sadness but there is no choice. We all are having our test in this world, someone with sickness, others with good health or having tears since their love one passed away. It is hard to find words to explain well.

Please pray for all who are sick for his/her good health and emaan, **AMEEN**.

Please pray for all who have passed away. May Allah forgive him/her and give Jannat-al-Firdous, **AMEEN**.

It is advised to bury the deceased person as quickly as possible in a local place where the person passed away, preferably within 12 hours if possible. Sending the body abroad may create many issues like autopsy or postmortem, taken out stomach and put chemical to preserve etc. for reducing the risk of spreading germs.

No need to wait for peoples living far away to join the Janazah Salaat unless they can come in few hours to join it.

Please pray for all who have tears in their eyes, since their love one passed away. May Allah give them Sabar, **AMEEN**.

Please help those who are in distress and also pray for them. May Allah help them to come out of distress, **AMEEN**.

Duaa to Limit the Burden:

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إصْرًا كَمَا حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ وَاعْفُ عَنَّا وَارْحَمْنَا أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Our Lord! Put not on us a burden greater than we have strength to bear. Pardon us and grant us Forgiveness. Have mercy on us. You are our Maula (Patron, Supporter and Protector, etc.) and give us victory over the disbelieving people, (Al_Quraan_002.286).

Duaa to Cure from Diseases:

رَبِّهِ أَنِّي مَسَّنِيَ الضُّرُّ وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

O my Lord! Adversity has befallen me, and, of all the merciful ones, You are the Most Merciful, (Al_Quraan_021.083).

Duaa for Forgiveness:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

None has the right to be worshipped but You (O Allah), Glorified (and Exalted) are You. Truly, I have been of the wrong-doers, (Al_Quraan_021.087).

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ

My Lord! Forgive and have mercy, for You are the Best of those who show mercy, (Al_Quraan_023.118).